

JOIN THE MIGHTY FOOD WASTE MISSION!

Wales is one of the world's top recyclers, yet a quarter of the average household rubbish bin is made up of food waste – equivalent to filling 3,300 double-decker buses every year – and a whopping 80% of it could have been eaten!

We are calling on children aged 5 to 11 to help families to get the most value out of their food and do their bit to make Wales the mightiest recycling nation.

Let's stop feeding our rubbish bins, save ourselves some money and create cleaner, greener energy instead!



WIN A PERSONALISED FOOD HAMPER AND BOOKS FOR YOUR CHILD'S SCHOOL!

We are asking children to come up with healthy, delicious recipes that turn commonly wasted foods into feasts.

1

Make a recipe poster showing how we can use a food at risk of being wasted.

2

Don't forget to include a reminder to recycle the food waste that can't be eaten like eggshells, bones or vegetable stalks, so they can be turned into renewable energy.

3

Take a photo of your recipe and share it with us.



DID YOU KNOW?

Most families could save around **£80** a month if they didn't waste food?



To find out more and to submit your child's recipe poster for a chance to win visit:

www.walesrecycles.org.uk/families

Need some inspiration?
Explore Wales Recycles' quick-fire recipe ideas.



  Gwellthredu ar
Hinsawdd Cymru
Climate
Action Wales

RECIPES TO THE RESCUE!

Recipe name: _____

Name: _____ Age: _____ School: _____

Food have you saved from being wasted? _____

its _____

Picture of meal: _____

Method

Step 1: _____

Step 2: _____

Step 3: _____

Step 4: _____

List the "inedible" food items from your recipe that can be eaten but should be recycled

Share your recipe at www.walesrecycles.org.uk/families by 30 April 2024 for a chance to win a PRIZE.

